

2007 Plano Wetcats LCM Swim Meet

Indoors at the Oak Point Aquatic Center

Saturday, June 16th 2007

Entries Must be Postmarked No Later Than **Saturday, June 2, 2005**

Sanctioned by NTMS for USMS, Inc. Sanction number: 267-004 Sponsored by the Plano Wet Cats

Saturday, June 16th 2007

1500 Warm-up at 7:30 A.M.

1500 Starts at 8:00 A.M.

1. * _____ **1500 m Freestyle**
Add. warm-up after 1500; Event #2 starts @ 9:00 AM
2. _____ 100 m Butterfly
3. _____ 200 m Freestyle
4. _____ 100 m Breaststroke
5. _____ 50 m Freestyle
6. _____ 200 m Ind. Medley
7. * _____ **400 m Freestyle**
8. _____ 100 m Backstroke
9. _____ 50 m Butterfly
10. _____ 400 m Ind. Medley
11. _____ 200 m Breaststroke
12. _____ 100 m Freestyle
13. _____ 50 m Backstroke
14. _____ 200 m Butterfly
15. _____ 50 m Breaststroke
16. _____ 200 m Backstroke

***DECK-SEEDED - SWIMMERS MUST CHECK IN!
Electronic Timing will be used**

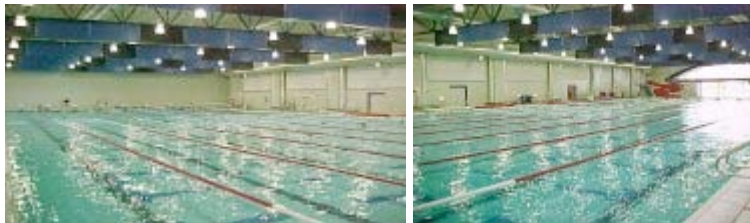
OAK POINT AQUATIC CENTER. An indoor, 50 meter by 25 yard competition pool.

DIRECTIONS. Oak Point Recreation Center

6000 Jupiter, Plano, TX (972) 941-7540

8 lane, 50 meter indoor pool

Located: On the Collin County Community College Campus on the SE corner of Spring Creek and Jupiter. See North Texas Swimming for Maps.



RULES. Current USMS and NTMS rules will govern. All events are timed finals. Swimmers are limited to a total of five individual events at this meet. Swimmers must check in with the Clerk of Course for deck-seeded events that they wish to swim. After an event has been officially closed, swimmers may not check in.

Deck entries will close at 8:15 AM for the 1500 and at the conclusion of the 1500 for all other events. Age determined by USMS Rules to determine age group for the meet. You must be 18 on or before June 16th to compete.

ELIGIBILITY. Open to any **current** USMS registered swimmer or a foreign swimmer with a valid travel permit. NTMS swimmers are encouraged to submit their registration application with the submitted entry card, if NOT currently registered. On-deck registration is permitted.

AFFILIATION. A swimmer's affiliation as stated on the entry form, if valid as of the first day of the meet, will apply throughout the meet. However, swimmers may un-attach at any time.

SEEDING. All events will be deck seeded slowest to fastest, by entered time, ages and sexes combined. Check-in is not required in order to be deck-seeded, however swimmers **MUST** check in to swim the **1500 m Freestyle and the 400 m Freestyle.**

SUBMITTED TIMES. Please enter your besttime, a reasonable estimate or a workout time. All times must be submitted on the provided entry information sheet. Please mail in this entry information sheet.

Commemorative Meet T-shirt for each entrant who enters before the entry deadline. Late entrants will receive a T-shirt only if shirts remain.

ENTRY FEES. \$25.00 per swimmer flat fee. **Deck entries allowed** for total of \$35.00 (includes \$10.00 late fee).

CHECKS PAYABLE TO: **Plano Wetcats**

MAIL CONSOLIDATED ENTRY FORM & CHECK TO:

Bob Solow

323 Sycamore Creek Road

Allen, Texas 75002

NO certified, registered or special delivery mail will be accepted. Receipt of entry will not be verified by phone.

QUESTIONS. Bob Solow 972-941-7618 Work, or 972-390-8195 Home, 214-681-6922 Cell. robertso@plano.gov

1500 deck entries will close at 7:45 AM, all other deck entries at 8:00 AM !

Meet form also available online at the North Texas Swimming Website

Please return this page only with your payment.

USMS WAIVER RELEASE

"I, the undersigned participant, intending to be legally bound, do hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS OR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR CAMAGE CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTER SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

SIGNATURE: _____ **DATE:** _____

ENTRY FEE: \$25.00. After June 2, both late entry fee and deck entry fee: \$35.00

Meet Results: Final results will be available on the North Texas Masters Swimming Website

Special Note: This meet is run fast! Be prepared!

NO REFUNDS will be given.

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13. _____	50 m Backstroke
14. _____	200 m Butterfly
15. _____	50 m Breaststroke
16. _____	200 m Backstroke
*DECK-SEEDED - SWIMMERS MUST CHECK IN!	
<u>Electronic Timing will be used</u>	

Please include entry time for the events in which you are entering.